

Graft Post Suture Removal Instructions

-It is optimal to keep the bandage dry for another 4 weeks. Keep site out of water entirely. You can use saran wrap and tape to cover the bandages if needed to avoid getting them wet.

-It is important to keep the graft from drying out or scabbing. Apply bacitracin ointment or Vaseline to graft site then continue to cover the area with a non-adherent gauze and paper tape. **(DO NOT USE NEOSPORIN OR TRIPLE ANTIBIOTIC).**

Bandage changes will be need to be done twice a day, once in the morning and once at night.

-You will still have clear sutures left in the graft site to hold and allow it to adhere to the new location. These will dissolve on their own.

-Continue to minimize your activity (exercising, bending, heavy lifting) for the next week as healing is taking place.

-Please contact the office with any signs of infection:

Continuous or increasing pain, discolored drainage, increasing redness, necrotic tissue (blackened tissue with an odor) or saturated bleeding, and/or golf ball sized swelling occurs.

Date: _____

Initial: _____