

Interpolation flap After Care

1. You may remove the top dressing in 24 hrs. @ _____ (white tape and white gauze only)
2. Leave the brown paper tape dressing in place until your suture removal appointment.
3. **Keep the bandage dry, Do not get it wet. You can gently wash around the dressing.**

The brown paper tape will have dried blood on it, this is okay to leave on until suture removal.

ONLY FOR DRESSINGS THAT HAVE BECOME SATURATED:

If the dressing becomes loose, reinforce the dressing with more gauze and tape.
Reapply bacitracin or vaseline along with a new dressing like gauze and paper tape.
(DO NOT use Neosporin or triple antibiotic)

GENERAL INSTRUCTIONS:

1. You may alternate Extra Strength Tylenol with Ibuprofen (Advil) as needed for discomfort. If alternating the medications, they should be taken at least 4 hrs. apart.
2. Continue taking all medications prescribed by your physician including aspirin.
3. Apply an ice pack over the dressing of surgical site for 20 minutes out of an hour, two to three times a day for the next 3 days as needed to help decrease the pain, swelling or bruising that may occur.
4. Elevate the area as much as possible. Use an extra pillow if laying down
5. No strenuous activity until advised otherwise by your surgeon
6. Continue taking all prescribed medications
7. Do not drink alcoholic beverages for 72 hours or smoke for 3 weeks post surgery as they will inhibit the healing process

POST OP EXPECTATIONS:

1. Expect significant bruising, swelling and tenderness of the surgical site and surrounding tissue. It is not uncommon to have swelling around the eyes 2 days after procedures done on the forehead and scalp.
2. Numbness, itching, and sensitivity can occur after surgery and it can take up to 18 months to normalize.
3. It is normal for you to experience some pink-red drainage on the dressing.
4. Avoid activities that require you to bend at the waist and elevate your blood pressure as this can increase pressure and bleeding.

POSSIBLE COMPLICATIONS:

BLEEDING:

1. Leave the bandage in place and use rolled up gauze or a clean cloth to apply firm, direct pressure over the surgical site for 20 minutes without looking at it
2. Reapply pressure for an additional 20 minutes if necessary followed by 20 minutes of ice
3. Call the on-call physician at the number below if the pressure and ice fails to stop the bleeding
4. Use additional gauze and tape to reinforce bandage once the bleeding has stopped

PAIN:

1. Severe increase in pain may indicate a problem, please call the office if this occurs

In Case of an EMERGENCY please call our office immediately at (315) 452-3376, Press option #1 to reach the on-call provider.

ANTIBIOTIC: _____ Take one by mouth once every 12 hours for 7 days

SUTURE REMOVAL: _____ TAKEDOWN/REPAIR: _____

Date: _____

Initial: