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Post Suture Removal Instructions

Keep the bandage on for 4-5 days after your suture removal. Do not get the dressing wet.

If the bandage comes off before the 4-5 day mark, keep the area from drying out by applying bacitracin or Vaseline (**DO NOT USE NEOSPORIN OR A TRIPLE ANTIBIOTIC**). Keep the area covered with a band aid or a non-adherent gauze until the area is healed.

Continue to minimize your activity (exercising, bending, heavy lifting) for the next week as healing is taking place.

Please contact the office with any signs of infection: Continuous or increasing pain, discolored drainage, increasing redness or saturated bleeding, and/or golf ball sized swelling occurs.